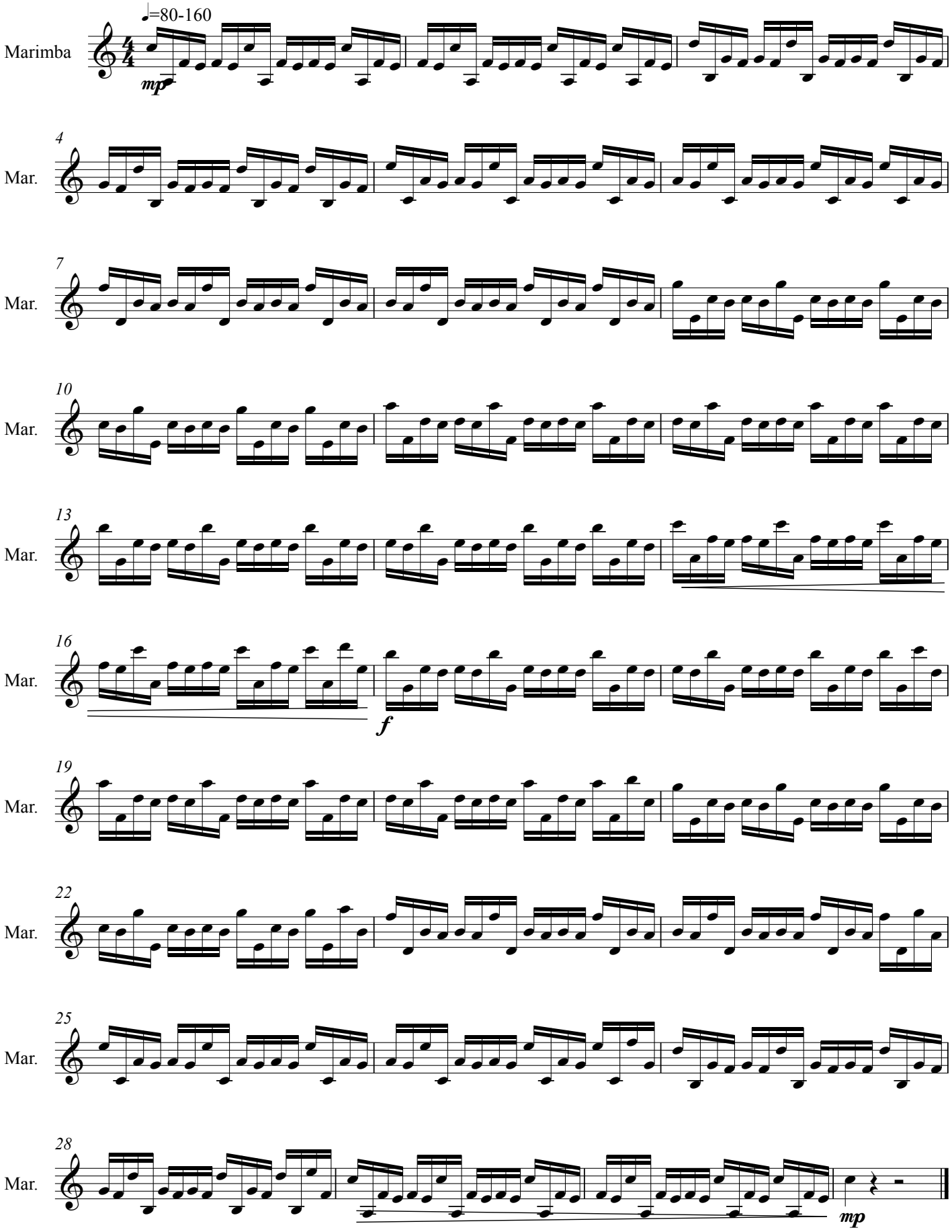Alternating 1