

Dojo Front Ensemble 2010

Exercises:

Lucky 13: B.P.M (80-140)

-Make sure mallets are rebounding up to the dynamic being played, avoid down stroking. Also use this exercise to check technique and bar placement, always go for the center of the accidentals whenever possible.

Scales: B.P.M (60-140)

-This exercise should be played in all twelve major keys, do not worry about minor at this point, unless you would like an incredible headache. Check note accuracy and evenness hand-to-hand (use the check pattern).

Vertical Stroke: B.P.M (60-140)

-Use this to check balance of sound between mallets, also use a mirror to check heights of individual mallets (all 4 should move together). The interval changes should be performed with a shift in your index finger (a.k.a. inner mallets), not the outer mallets moving in or outward.

Double Lateral #1: B.P.M (50-120)

-This exercise should be performed with all 4 mallets starting at the same height, with whatever mallet is playing being the only one down. (----) these four lines are at the same height, now 1 is playing a note (_---) so the other three mallets stay up. This will be further explained as the season/audition process progress.

These four exercises should be prepared for audition camp. The two alternating exercises will be tackled as a group further into the season. Thank you for your time and interest in Dojo, best of luck in all of your practicing and I hope to see you all very soon at auditions!

-Michael Howard